

The Echo *MARCH 2025*

*276 N El Camino Real
Oceanside California 92058*

Office: 760-439-2911

Office hours: Monday - Friday, 8:00am to 4:00pm

(closed 12-1pm)



Photo courtesy of John Pohlman

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HOA Board Members

President: Michael Mandig

Vice-President: Christy Hartig

Treasurer: Sara Thames

Secretary: Kathy Thomas

Directors:

Penny Russell, Ranny Thompson &

Sarah Smith

*General Membership meetings are held quarterly;
Board of Directors meetings are held monthly.*



THANK YOU VOLUNTEERS!

RECREATION COMMITTEE

Janet Bennett
Cathy Campbell
Carol Feig
Maria Free
Barbie Orlando
Kathy Peterson
Dave Schaffner
Vikki Schaffner
Sarah Smith
Sara Thames
Ranny Thompson

TABLE HELPERS

Al Ablong
Richard Messer
Jim O'Dea
Chuck Smith

LAGUNA VISTA ECHO

Editor: Monika Bull
Website Admin: Monika Bull
Circulation Manager: John Smith
Distribution Helpers: Bob Jackson, Ed Martinez, Carla Martinez,
Maria Free

WELCOME COMMITTEE

Beverly Behymer
Sharon Hardin
Christy Hartig

EMERGENCY COMMITTEE

Penny Russell
Suzi Russell

MEDICAL EQUIPMENT FOR LOAN

Noah Hopson

NEIGHBORS HELPING NEIGHBORS

Christy Hartig

LIBRARIANS

Robert Gaffney
Penny Russell
Suzi Russell

WE COULDN'T DO IT WITHOUT YOU ALL!

**IF YOU ARE INTERESTED IN
VOLUNTEERING, ASK SOMEONE LISTED**

Laguna Vista Activities

CLUBHOUSE: Hours: 8am to 10pm

SPORTS

- **SWIMMING:** The heated pool and hot tub are found behind the clubhouse.
Open daily 7:30am - 9pm (*No children in the spa at any time. An adult must always accompany children in the pool. All guests using the pool must always be accompanied by a Resident. No pets allowed in the pool area.*)
Children's hours: Mar 16th - Nov 14th 3pm - 7pm, Nov 15th-Mar 15th 2pm - 6pm
- **WATER AEROBICS:** Led by Karen Hasemann, Tues. through Fri. 10am -11am
- **TENNIS/PICKLEBALL:** Courts are open every day from 8:00am - 10:00pm
- **HORSESHOES:** No Contact person
- **SHUFFLEBOARD: Wednesday's @ 5pm** – Lenny and George, Co-Directors
- **BILLIARDS:** No Contact person
- **PING PONG:** No Contact Person
- **CHAIR EXERCISES:** Led by Al Ablong (Monday's 9:30am)

GAMES (All games are played in the Clubhouse)

- **CARD GAMES:** Poker-type games. Contact Mavis Aloï
- **BUNCO:** Contact Jane Leone for information (2nd and 4th Tuesday)
- **CANASTA:** Contact Monika Bull
- **SHANGHAI:** Contact Lillian Valdez (Friday's @ 1pm)
- **HORSES:** Contact John and Sarah Smith (2nd and 4th Tuesday)

TABLE GAMES: Contact Sharon Hardin – 720-499-4629

- **CANASTA – HAND and FOOT:** 1st and 3rd Monday's at 1pm – Seats at table are open.
- **Mexican Train:** 1st and 3rd Sundays at 1pm
- **Rummikub:** 1st and 3rd Tuesdays at 1pm
- **VARIETY:** 1st and 3rd Thursdays at 1pm

MISCELLANEOUS

- **MOVIE NIGHT:** Contact Kathy Thomas – Will resume in the fall.
- **LINE DANCING:** Contact Merri McAvoy – 3.00 pm Wednesday
- **CLAY CLUB:** Wednesdays 10 am to 12 pm in the laundry building
Contact Barbara Romero or John Smith



>>> March 2025

BREAKFAST SALE DATES FEBRUARY 24, 25, 26 MARCH 1ST AND 4TH
SPRING FLING TICKET SALES MARCH 18, 19, 22, 24 and 25th 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9am-12 Pickleball
2 9am-12 Pickleball 1pm Mexican Train	3 9:30am Chair Exercises 1pm Canasta	4 10am Water Aerobics 1pm Rummikub	5 9am Prayer Group 10 Water Aerobics 10 Clay Club 3pm Line Dancing	6 9am&12 Pickleball 10 Water Aerobics 1pm Canasta 1pm VARIETY	7 10am Water Aerobics 1pm Shanghai	8 9am-12 Pickleball 9-10:30 Clubhouse Breakfast
9 9am-12 Pickleball	10 9:30am Chair Exercises 1pm Canasta	11 10am Water Aerobics 1pm Horse Races 6:30 Bunko	12 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	13 9am&12 Pickleball 10 Water Aerobics 1pm Canasta 6pm Billiards	14 10 Water Aerobics 1pm Shanghai	15 9am-12 Pickleball
16 9am-12 Pickleball 1pm Mexican Train	17 9:30 Chair Exercises 1pm Canasta 5pm St Patrick's Day Potluck	18 10am Water Aerobics 1pm Rummikub	19 9am Prayer Group 10 Water Aerobics 10 Clay Club 3pm Line Dancing	20 9am&12 Pickleball 10 Water Aerobics 1pm Canasta 1pm VARIETY	21 10am Water Aerobics 1pm Shanghai 4pm HOA meeting	22 9am-12 Pickleball
23 9am-12 Pickleball	24 9:30 Chair Exercises 1pm Canasta	25 10am Water Aerobics 1pm Horse Races 6:30 Bunko	26 9am Prayer Group 10am Water Aerobics 5pm Shuffleboard	27 9am&12 Pickleball 10am Water Aerobics 6pm Billiards	28 10am Water Aerobics 1pm Shanghai	29 9am-12 Pickleball
30 9am-12 Pickleball	31 9:30 Chair Exercises 1pm Canasta					

Message from LVHOA Board

This month our main message is simple. Thanks to Christy Hartig for finding this gem:



We haven't a lot to report this month. Truth is, that may be a good thing. However, we continue to receive reports of scattered acts of vandalism affecting the front gate, sprinklers, lake pumps and some minor break-ins. As you should know, the Owner recently offered a \$100.00 reward leading to the identification of the vandal(s). If you see something, say something. ALSO, be sure to keep your cars, shed doors and home doors LOCKED, regardless of how bright the outside lighting might be.

We are waiting for electrical repairs to be done along our "main drag" so trees can be wrapped with lights.

We reported on flood control issues last month. As promised, our President, Michael Mandig met on January 31 with Oceanside City Engineer Brian Thomas and two staff members. They confirmed the San Luis Rey Levee was not built properly by the Army Corps of Engineers years ago. The City is trying to get the federal government to update the levee design and fix the problems, but staff turnover at the Corps and budget challenges in Congress make it impossible to predict when, if ever, repairs will happen.

Apparent overgrowth of vegetation in the river channel was also discussed in the context of fire and flooding issues. We are arranging for presentations at Laguna Vista by City fire, public works and engineering representatives to address flooding, fire and insurance issues with residents of Laguna Vista and residents of other parks. We will also be working with Harold Crafton to ensure Laguna Vista's fire hydrants are up-to-date and fully functional. Please stay tuned.

Last but far from least: Let's all be prepared in the event of an evacuation. Look through your RED Binder and gain helpful information in the event of an emergency. Make sure your "To Go" bag is ready. If you need help in the event of an evacuation, talk to a member of the Emergency Team. Let's all help each other.

From Your Board of Directors: Christy Hartig, Penny Russell, Ranny Thompson, Kathy Thomas, Sarah Smith and Sara Thames



SPRING Fling

Saturday April 5th

Tickets on sale:
March 18, 19, 22,
24 and 25

5pm TO 6pm: Social hour

6pm Dinner:

Chicken Florentine

(baked chicken with garlic, spinach,
white wine, cheesy cream sauce),
rice, seasonal vegetables, salad, roll,
cheesecake (oohoo)

7-? Rockin' music with our very own

DJ Rodney Pates

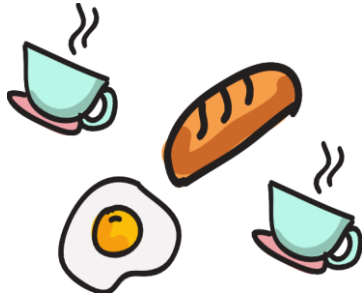
BYOB. Bring your own plate and silverware.

50-50 available, (please bring small bills)



Join us for Breakfast in the Clubhouse

March 8th. 9.00 to 10.30 am

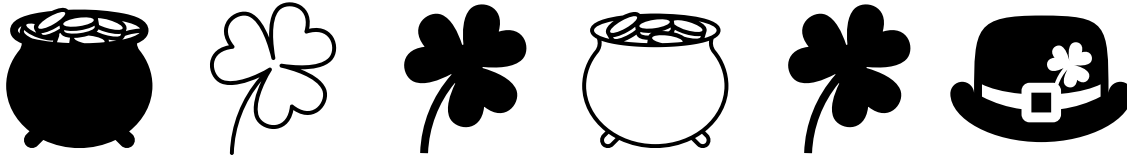


Biscuits with Sausage Gravy

Scrambled Eggs and Fruit

Coffee, Bloody Mary's and Mimosas

HOA members: \$ 8.00 Non HOA: \$12.00

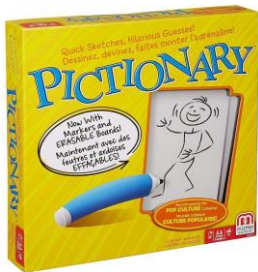


St. Patrick's Day Potluck

Bring your best crowd pleaser creation!

Place settings provided

Mon, 17th 5pm



VARIETY

Need a little pep in your step?

Tired of the same ol' thing?

You've heard that Variety is the spice of life and now Laguna Vista Game Players are inviting you to put a little spice back into your life!!

Join us on the first and third Thursdays of every month at 1pm in the clubhouse.

You'll never know how much fun Variety is until you try it!!

COULD BE ANYTHING!!

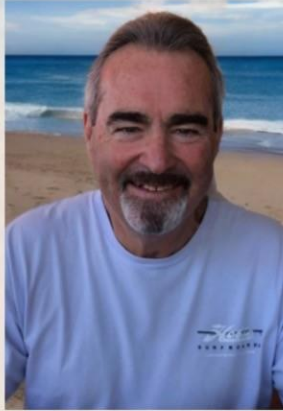


Knit and Crochet workshop

Want to start a project, stuck on a project or brushing up on your skills?

Join us Friday April 18th at 3.00 pm in the clubhouse card room.





Celebration of Life

in Loving Memory of

Michael Brian Hartig

March 5, 1951- January 11, 2025

Please Join Our Family

Date: March 7, 2025

Time: 11:00am

Location: North Coast Church

*Address: 2405 N Santa Fe Ave
Vista, CA 92084*

*Attire: We invite guests to honor
Michael by wearing his favorites-
Dodgers, Hawaiian, Surf, or Golf attire.*

Reception to Follow: 1:00pm

*Laguna Vista Clubhouse
276 N El Camino Real,
Oceanside, CA 92058*

March Word Search

E U A O M O L S K I J V P S V R O B I N S U A N
W W A B S L Y N C K O S T O H O Q B P E J B B R
G Z F G D G V D A U E D D C A S M N S C A J H Z
P G I G R M A O R R X W F U L E V N X S H Q N W
T O J H I A O Y T M S A X W L U O C K H W M Q E
I U P C B A Y X A I A A F A A W C E N S G C J D
M H A E T Y Y P Q E S R M E E O T K V L F K P A
E G N R Y P R B K H A S D R G B I L Q F Z X J R
C K C Q L A R P W C H S S I A S L A D C W D C A
H Q A O I X D E B T M U T L G V R T S H I D G P
A W K F I G D S T O Y Z L E Z R C E X J N O C T
N O E O U N S M K D Q D U U R O A U W M D C Z O
G S S U E Z D Q W C S T Z Y L Z M S W O Y Y N E
E N I S Y V D P D S I M L L L H V A K R L R G D
G I D F V A G D E Y E R E T E B V S J P H F H X
W A W H Z N E N E O R G T S H A M R O C K B K A
Y R A Q I A D S G E E M O A Z M A C W T P S Q Y
K I V R V A A K O A S B A G P X O X N Y R D W G
P L P B M Y L G I X E F P R O T I H Q E R A G W
T S Y D X R K A X Y B C W D C U S K Z M E E D T
A E D J H M U W U N U R Z C I H G J T S U R H T
N P W R M I D A Y L I G H T S A V I N G S F G N
Y C U Z B R M H V X L K Z K H R P V G S U W N G
Y W O H D H L K Y D O X C F Z P E Y C C R X Z O

EASTER

DAYLIGHT SAVINGS

COLLEGE

LAMS

PARADE

MARCH

ROBINS

BASKETBALL

LUCK

ASH WEDNESDAY

WINDY

RAINSOW

FLOWERS

MADNESS

GREEN

SHAMROCK

SNOWERS

MARDI GRAS

TRACK

TIME CHANGE

PANCAKES

ST PATRICKS DAY

BIRDS

SPRING

THE AMAZING WHISTLE! IF YOU CAN BE HEARD, YOU CAN BE RESCUED!

By the time you read this, you will have your free whistle, compliments of the Emergency Team and Laguna Vista HOA.

Sound is the #1 factor in deterring crime and finding lost victims.

Imagine the following situation; you are walking your pet peacefully on the streets, when suddenly you hear an ear-piercing noise. What would you do? Most people would likely investigate the source of the high-pitch sound, right? Safety whistles are the easiest, lowest maintenance alarm or alert system. They are a standard issue for emergency response and should be incorporated into emergency preparedness kits. They are designed to attract the attention of people nearby. Safety whistles were originally created to protect the user against attempted robberies and other acts of violence, but they were quickly incorporated by the senior community as a signaling tool in case of a medical emergency. Safety whistles don't require much effort to blow and are significantly louder than shouting. They can help make a victim's location known so that first responders and search and rescue teams know where help is needed. Whistles are one of the best items you can have in an emergency or survival situation.

SHOUTS FOR HELP can easily be drowned out by surrounding noises, leave you hoarse and exhausted in matter of minutes and your voice is not at the high octave level to be heard a long distance.

WHY THE WHISTLE IS BETTER: The sound of a whistle is significantly louder than shouting. The sound of a whistle travels further, grabs the attention of others and only takes a fraction of energy to use.

WHISTLE IS THE SAFEST FORM OF PROTECTION and can be used if you are lost, sick, or injured. The whistle can be used to signal a first responder for emergency situations and can be used to scare animals during unexpected encounters.

YOUR WHISTLE can be clipped on your clothing, worn on a lanyard or carried on a key chain.

Whistles should only be blown in the event of an emergency. If you are in an emergency situation, blow three loud, short blasts on the whistle to seek help.

THE RESPONSE TO A WHISTLE BEING BLOWN:

- The community will recognize that the sound of a whistle means someone is in need of help.
- The community can call for assistance to the area that they hear the whistle.
- **While blowing, count to 3 in your head so each blast lasts 3 seconds. Take a breath between each blast to give the sound time to travel and then repeat.**

Library Corner

Here's your March recommendations! If you have books you wish to donate to our Laguna Vista Library, **PLEASE DROP THEM OFF AT SPACE #191.** If your books are older than 2000, please donate them directly to the Public Library or your favorite charity. When returning books, **PLEASE** put them back in the right alphabetized section so your fellow readers can find them. *Enjoy the reads!*

Mala's Cat by Mala Kacenberg - Growing up in the Polish village of Tarnograd on the fringes of a deep pine forest, Mala Szorer had the happiest childhood she could have hoped for. But at the age of 12, as the German invasion begins, her beloved village becomes a ghetto, and her family and friends are reduced to starvation.

So she takes matters into her own hands and bravely removes her yellow star so she can sneak out to the surrounding villages to barter for food. It is on her way back that she sees her loved ones rounded up for deportation and receives a smuggled letter from her sister warning her to stay away. In order to survive, she walks away from everything she holds dear to live by herself in the forest, hiding not just from the Nazis but from hostile villagers as well.

She is followed by a stray cat who stays with her - and seems to come to her rescue time and time again. Malach the cat becomes her family, her only respite from painful loneliness, her guide, and a reminder to stay hopeful even when faced with unfathomable darkness.

In at the Death: a Mordecai Tremaine Mystery Series by Francis Duncan - Mordecai Tremaine and Chief Inspector Jonathan Boyce are never pleased to have a promising game of chess interrupted - though when murder is the disrupting force, they are persuaded to make an exception. A quick stop at Scotland Yard to collect any detective's most trusted piece of equipment - the murder bag - the pair are spirited away to Bridgton. No sooner have they arrived than it becomes clear that the city harbors more than its fair share of passions and motives. And one question echoes loudly throughout the cobbled streets: why did Dr Hardene, the local GP of impeccable reputation, bring a revolver with him on a routine visit to a patient? Mordecai Tremaine's latest excursion into crime detection leaves him in doubt that, when it comes to murder, nothing can be assumed.

The Ghost Army of World War II (Revised) by Rick Beyer and Elizabeth Sayles - In the summer of 1944, a handpicked group of young GIs—artists, designers, architects, and sound engineers, including such future luminaries as Bill Blass, Ellsworth Kelly, Arthur Singer, Victor Dowd, Art Kane, and Jack Masey—landed in France to conduct a secret mission. From Normandy to the Rhine, the 1,100 men of the 23rd Headquarters Special Troops, known as the Ghost Army, conjured up phony convoys, phantom divisions, and make-believe headquarters to fool the enemy about the strength and location of American units. Every move they made was top secret, and their story was hushed up for decades after the war's end.

The Danish Art of Whittling and Whittling Knife by Frank Egholm - A delightfully Danish guide to whittling for the home, crammed with projects for all ages and abilities. Our Danish-inspired book on whittling (snitte in Danish) has a range of wonderful simple whittling projects for the home. The beautiful Scandinavian projects range from simple wooden toys for children, including a bird whistle, ring catcher, animal figures and a wooden sword to practical items like door hooks, butter knives and then to decorative pieces such as a wooden necklace, buttons, delicate carved flowers and a chess set.

Got favorite authors or books? Let us know by emailing us at:

Penny (pr-lv@marketec.com), Suzi (sr-lv@marketec.com), or drop us a note at #191.

Don't forget that the Oceanside Public Library will deliver books right to your door if you are a library member. Call 760-435-5600 for more information.



Cooking with Chef John

Lunch Lady Brownies

Thick, chewy, fudgy brownies with generous chocolate icing are enticing enough to have you eating these Lunch Lady Brownies for dinner.

Ingredients

1 cup butter melted
½ cup cocoa
1 cup light brown sugar
1 cup white sugar
4 eggs
1 tablespoons vanilla extract
2 cups all-purpose flour*

*Gluten-Free Alternative

1⅓ cup brown rice flour
½ cup tapioca starch
⅓ cup potato starch

Frosting

¼ cup butter softened
3 cups powdered sugar
¼ cup cocoa
¼ teaspoon kosher salt
5 tablespoons milk

Instructions

Brownie Instructions

Preheat the oven to 350°F. Grease a 9×13 baking pan or line with parchment paper. In a large mixing bowl, whisk together the butter, cocoa, brown sugar, and white sugar. Add the eggs and the vanilla. Whisk again until smooth. Add the flour and stir until combined.

Pour into the prepared pan and use a spatula to spread the thick batter to the corners. Bake for 22-24 minutes, until a toothpick comes out with moist crumbs.

Frosting Instructions

While the brownies are baking, make the frosting. In a mixing bowl, combine the butter, powdered sugar, cocoa, and salt. Beat with an electric mixer for 1-2 minutes, until combined. The mixture will be mostly dry crumbs. Add the milk and beat again for 1-2 minutes, until smooth and creamy.

Remove the brownies from the oven and let them cool for just a few minutes. Gently spread the frosting over the brownies while they are still quite warm. Let cool before slicing.

Notes

Frost the brownies while they are still warm. The frosting will melt down a bit into the brownies creating an irresistible crust.





Our February 4th Neighborhood Watch meeting with Officer Flores and Officer Rubish was a great success!

We learned that Laguna Vista is one of the safest communities in Oceanside. The Officers went over the low crime statistics for our park and thanked our community for paying attention to what is going on and for being so supportive of each other. We impressed them! We had a great turnout (over 60 residents) and fantastic food...salad, different pastas and sauces, salad, rolls, cookies, soft drinks and water...compliments of your HOA and the Emergency Committee...we know how to throw a shindig Along with a great presentation, our residents had lots of questions. I think we all learned a lot. A big thank you to Harold and Angel for attending. Thank you Sarah and Christy for your culinary help! Thank you Tony and Nyla for your help setting up and to all those who helped clean up! What a wonderful community!

Attend an upcoming Fixit Clinic to learn how to repair and maintain your items.

At Fixit Clinics, our skilled volunteers help repair a variety of household items, including:

- Bicycles
- Clothing and textiles
- Electronics
- Furniture
- Small appliances like fans, toasters and coffee makers

Date:04/05/2025 10:00 AM - 1:00 PM

Location: Carlsbad City Library

1775 Dove Lane

Carlsbad, California 92011

For more info , please visit and register at San Diego Fixit Clinic



Happy Birthday Wishes March

Annette Carlson 3/2
 Darlene Clifford 3/6
 Sharon Hardin 3/9
 ★ David Schaffner 3/10
 Rhonda Mundy 3/20
 Kenneth Teetz 3/24
 Maria Free 3/25

Famous March Birthdays

Vincent Van Gogh 3/30/1853
 Dr. Seuss 3/2/1904
 Aretha Franklin 3/25/1942
 Elton John 3/25/1947
 Shaquille O'Neal 3/6/1972
 Lady Gaga 3/28/1986

Sandra Villavicencio 3/25
 Tony Monusko 3/27
 Patricia Wisley 3/27
 Cliff Flores 3/28
 Brian Romano 3/29
 James Gates 3/30
 Mercedes Casey 3/31

