

The Echo

August 2025

*276 N El Camino Real
Oceanside California 92058*

Office: 760-439-2911

Office hours: Monday - Friday, 8:00am to 4:00pm

(closed 12-1pm)



Photo courtesy of John Pohlman

Manager: Harold Crafton

harold@mhcminc.com

Office Assistant: Debbie Tariq

debbie@mhcminc.com

Office Assistant: Judy Rodriguez

judy@mhcminc.com

Office: (760)439-2911

After Hours: (760)439-2911





THANK YOU VOLUNTEERS!

RECREATION COMMITTEE

Cathy Campbell
Mary-Lou Camara
Carol Feig
Maria Free
Mimi Luera
Barbie Orlando
Kathy Peterson
Dave Schaffner
Vikki Schaffner
Sara Thames
Ranny Thompson

TABLE HELPERS

Al Ablong
Richard Messer
Jim O'Dea
Chuck Smith

LAGUNA VISTA ECHO

Editor: Monika Bull and Sarah Smith
Website Admin: Monika Bull
Circulation Manager: John Smith
Distribution Helpers: Bob Jackson, Ed Martinez,
Carla Martinez, Maria Free

WELCOME COMMITTEE

Beverly Behymer
Sharon Hardin
Christy Hartig

EMERGENCY COMMITTEE

Penny Russell
Suzi Russell

MEDICAL EQUIPMENT FOR LOAN

Noah Hopson
John Smith

NEIGHBORS HELPING NEIGHBORS

Christy Hartig

LIBRARIANS

Robert Gaffney

Penny Russell
Suzi Russell

WE COULDN'T DO IT WITHOUT YOU ALL!

IF YOU ARE INTERESTED IN VOLUNTEERING, ASK SOMEONE LISTED

Laguna Vista Activities

CLUBHOUSE: Hours: 8am to 10pm

SPORTS

- **SWIMMING:** The heated pool and hot tub are found behind the clubhouse.
Open daily 7:30am - 9pm *(No children in the spa at any time. An adult must always accompany children in the pool. All guests using the pool must always be accompanied by a Resident. No pets allowed in the pool area.)*
Children's hours: Mar 16th - Nov 14th 3pm - 7pm, Nov 15th-Mar 15th 2pm - 6pm
- **WATER AEROBICS:** Led by Karen Hasemann, Tues. through Fri. 10am -11am
- **TENNIS/PICKLEBALL:** Courts are open every day from 8:00am - 10:00pm
- **HORSESHOES:** No Contact person
- **SHUFFLEBOARD:** **Wednesday's @ 5pm** – Lenny
- **BILLIARDS:** No Contact person
- **PING PONG:** No Contact Person
- **CHAIR EXERCISES:** Led by Al Ablong (Monday's 9:30am)

GAMES (All games are played in the Clubhouse)

- **CARD GAMES:** Poker-type games. Contact Mavis Aloï
- **BUNCO:** TBA
- **CANASTA:** Contact Monika Bull
- **SHANGHAI:** Contact Lillian Valdez (Friday's @ 1pm)
- **HORSES:** Contact John and Sarah Smith (2nd and 4th Tuesday)

TABLE GAMES: Contact Sharon Hardin – 720-499-4629

- **CANASTA – HAND and FOOT:** 1st and 3rd Monday's at 1pm – Seats at table are open.
- **Mexican Train:** 1st and 3rd Sundays at 1pm
- **Rummikub:** 1st and 3rd Tuesdays at 1pm
- **VARIETY:** 1st and 3rd Thursdays at 1pm

MISCELLANEOUS

- **MOVIE NIGHT:** Contact Kathy Thomas – Will resume in the fall.
- **LINE DANCING:** Contact Merri McAvoy – 3.00 pm Wednesday
- **CLAY CLUB:** Wednesdays 10 am to 12 pm in the laundry building
- **KNIT AND CROCHET:** every other Friday - 3pm



NEXT DOOR PROBLEMS??....

*If you need help with ND issues like you can't get on,
ND has suspended your account, violations of ND content.
Help is available at the website Support@nextdoor.com*

A new card group

is opening for people who are interested in cards and
specifically, Hand and Foot.

It is open to everyone in Laguna Vista and everyone will always play
every time we meet.

We welcome beginners as well as those who have played before.

We will meet each Tuesday at 1pm in the clubhouse.

If you have questions or interest please call Nancy Kindness at 562-519-3712

Free Summer Concerts in Oceanside:

SoCal Soccer Complex [3300 El Corazon Drive](#):

Sept 21 - Endless SummerMusic Festival 12-7p

Jim Wood Park at Rancho del Oro (College Blvd and Avenida Empressa):

Aug 30 - Chris James Band - Rock & Roll 4p-7p

TGIF Concerts in Carlsbad Parks:

Stagecoach Community Park - 3420 Camino De Las Coches

6p - 8p Concert - Activities begin 4:30p

Parking at La Costa Canyon High School - no shuttle

6/27 - "Full Strength" Top 40 Funk & Dance

7/11 - "Reflexx" 80s Pop & New Wave

7/18 - "The Cold Fact" Soulful R&B

Calavera Hills Community Park - [2997 Glasgow Drive](#) 6p-8p Concert - Activities begin 4:30p

Shuttle pickup at Sage Creek High School [3900 Cannon Rd](#) 4:15p-9:15p

8/1 - "Shakedown String Band (60s & 70s)

8/8 - "Honeydrops" (40s- 60s)

Alga Norte Community Park - [6565 Alicante Rd](#) - 6p-8p

Shuttle Pick Up at Dove Library [1775 Dove Lane](#) 3p-9p

8/15 - "Wayward Sons" Rock & Roll

8/22 - "Euphoria Brass Band" New Orleans Jazz

Emerald Isle Golf Course

Entrance fee \$ 15.00

8/1 Village Garage and Gabby's Tacos

8.29 Backwater Blues Band and Buddy's Pizza

**Music at the Oceanside Museum of Art 6pm -9pm on July 19,
August 23, and Sept 20**

Check out some live local theater at venues like the Old Globe in Balboa Park, New Village Arts in Carlsbad and the North Coast Repertory in Solana Beach at this discount theatre

website: [sdartstix.com](#)

Also may offer discounts on some local attractions too!

Get out and have fun .

Thanks to Merri McAvoy

>>> August 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10am Water Aerobics 1pm Shanghai	2 9am Pickleball
3 9am Pickleball 1pm Mexican Train	4 9:30 Chair Exercise 1pm Canasta	5 10am Water Aerobics Rummikub	6 9am Prayer Group 10 Water Aerobics 10am Clay Club 5pm Shuffleboard	7 9am Pickleball 10 Water Aerobics 1pm Canasta 1pm Variety	8 10am Water Aerobics 1pm Shanghai 3pm Knit &	9 9am Pickleball
10 9am Pickleball	11 9:30 Chair Exercise 1pm Canasta	12 10am Water Aerobics 1pm Horse Races	13 9am Prayer Group 10 Water Aerobics 10am Clay Club 5pm Shuffleboard	14 9am Pickleball 10 Water Aerobics 1pm Canasta 6pm Billards	15 10am Water Aerobics 1pm Shanghai	16 9am Pickleball 5pm Potluck
17 9am Pickleball 1pm Mexican Train	18 9:30 Chair Exercise 1pm Canasta	19 10am Water Aerobics 1pm Rummikub	20 10am Water Aerobics 10am Clay Club 5pm Shuffleboard	21 9am Pickleball 10 Water Aerobics 1pm Canasta	22 10am Water Aerobics 1pm Shanghai	23 9am Pickleball
24 9am Pickleball	25 9:30 Chair Exercise 1pm Canasta	26 10am Water Aerobics 1pm Horse Races	27 9am Prayer Group 10 Water Aerobics 10am Clay Club 5pm Shuffleboard	28 9am Pickleball 10am Water Aerobics 1pm Canasta	29 10am Water Aerobics 1pm Shanghai 6pm Paint n Sip	30 9am Pickleball
31 9am Pickleball						





"It Takes a Village"

Dear Laguna Vista Estate Residents,

This is a message of sincere gratitude for the success of the recent 4th of July. The enthusiasm, dedication, and support made this year's celebration memorable.

Appreciation is extended to the committee members (Table Setters, BBQ Grillers, Food Setters/Runners, Food Servers, Bartenders, Cashiers, Dice Rollers, Rain droppers, Money Machine and Duck Races Facilitators, and Home Chefs) for their hard work setting up and dismantling the clubhouse. Their commitment ensured an enjoyable experience. The volunteers are thanked for their time and energy. Their help made a significant difference.

Special thanks go to the recruited horse racers.

Acknowledgment is given to Beverly B. who provided last-minute props for Grand Marshalls Carl and Sara. Best wishes are sent to Sara for a speedy recovery and our special thanks to her planning this event.

DJ Rodney Pates is thanked for keeping the dance floor going.

A huge thanks to our impromptu "MC" Alistair P. for the fun & entertainment.

Finally, thanks to everyone who came to celebrate. Their presence contributed to the atmosphere. We are truly blessed to be part of such a supportive and vibrant community.

With heartfelt appreciation,
Laguna Vista Recreation Committee





For a video
and more
pictures in
color
please
check out

Lagunavistalife.net





Potluck

Saturday, August 16th 5 pm



Friday, August 29th, 6:00 pm

at the clubhouse

check Nextdoor for upcoming project

Tickets – HOA Members \$ 20.00 all others \$25.00

All paint supplies provided. BYOB

Contact Sara Thames to reserve a spot

760-613-6470

Classes fill up quickly!

Name: _____

Date: _____

It's time to uncover some summertime words in this word search! Imagine diving into a jumble of letters that captures the spirit of the season. Can you find all the hidden words related to August? Words may lurk in any direction—forward, backward, up, down, or diagonally. When you spot a word, circle it and check it off the list.

August

Word Search



AUGUST

BBQ

BEACH

BOATING

CAMPFIRE

CAMPING

FISHING

FLIP-FLOPS

FOREST

HEAT

HIKING

ICE CREAM

LEMONADE

OCEAN

PICNIC

RELAXATION

ROAD TRIP

SAND

SEASHELLS

SUMMER

SUN

SUNGLASSES

R	G	K	M	R	E	L	A	X	A	T	I	O	N	B	K	T	R
E	L	X	R	B	J	T	N	O	I	T	A	C	A	V	D	Q	G
N	K	B	T	N	O	G	V	H	S	L	L	E	H	S	A	E	S
I	G	H	S	L	X	A	Q	R	V	D	F	H	I	K	I	N	G
H	S	N	E	T	H	B	T	G	N	I	N	N	A	T	N	O	M
S	U	L	R	Y	B	W	J	I	T	N	D	D	G	G	B	L	C
N	N	E	O	P	H	S	J	Y	N	C	I	N	C	I	P	E	A
U	G	M	F	X	I	R	P	Z	I	G	M	A	N	S	N	M	M
S	L	O	Q	Y	T	R	S	O	C	C	C	S	U	L	C	R	P
E	A	N	G	R	W	R	T	U	L	C	E	R	W	A	Z	E	F
F	S	A	M	D	E	J	S	D	N	F	F	C	M	L	P	T	I
I	S	D	M	M	T	H	U	P	A	I	P	P	R	Y	G	A	R
L	E	E	M	I	T	F	G	X	N	O	I	I	P	E	M	W	E
D	S	U	W	O	W	G	U	G	G	N	R	K	L	D	A	R	Q
L	S	J	C	P	D	S	A	K	G	J	R	C	M	F	N	M	T
I	X	E	F	G	K	P	L	Q	N	B	E	A	C	H	L	A	V
W	A	D	N	H	H	G	N	I	H	S	I	F	L	F	E	V	J
N	L	N	L	E	V	A	R	T	N	R	Y	T	B	H	K	Q	R



SUNSHINE

SURFING

SWIM

TANNING



TRAVEL

VACATION

WATERMELON

WILDLIFE

MESSAGE FROM YOUR HOA BOARD

1. Board of Directors Election. On Friday June 20 we held the election and filled four vacancies. The results are:

Christy Hartig, Ranny Thompson and Michael Mandig were re-elected to terms of two years. And we elected a new Board member, Jerry Sarnataro. Following the election, the Board met and chose the following composition for the coming year:

- Michael Mandig, President
- Christy Hartig, Vice President
- Sara Thames, Treasurer
- Jerry Sarnataro, Secretary
- Penny Russell, Ranny Thompson and Sarah Smith, Members-at-Large

2. Fourth of July Parade and Party. 148 tickets were sold, and it looked like at least that many showed up. Alistair Paterson (Spc 42) wrote about us on Nextdoor and I am borrowing liberally from his post:

“Thanks to the hard work of a whole host of volunteers the 4th was a day of fun and friendship at Laguna Vista. Starting with the traditional golf cart parade followed by an excellent noonday meal of burgers, hot dogs and fixings, the fun continued with the always popular duck races and ended with the hilarity of the keenly competed horse races.

“I served as a last-minute substitute MC for the latter event and enjoyed learning the ropes on the fly. The water hazards were a clear crowd favorite with the water marshals dousing the “horses” liberally. Everyone left with a smile on their faces, tummies full of scrumptious food, and for the large number of winners, pockets full of cash.”

“A big thank you to everyone. Keep smiling, be kind, and always pay it forward. And Jim next year let’s check our wardrobe choices beforehand!” [See “Twin Sons Different Mothers” photo in Alistair’s Nextdoor post.]

Alistair, thanks for a superb job standing in for Sara Thames, who is recovering from a recent fall. You entertained us with lively commentary flavored with your marvelous accent. Many thanks. You could have a future at Del Mar one day... And Sara, keep getting well.

3. Airport Fire. Penny Russell sends a special thank you to the Emergency Team for being so quick to react to the Airport Fire on July 5th. Emergency radios came on, cell phones were in use and Watch Duty (the emergency fire-reporting app) was being monitored by our team! This fire was close to home and our Team jumped into action! Let's all be prepared by having our "Go-bags" ready and if you need additional help in the event we need to evacuate, please let one of our Emergency Team Members know who you are! Be generous, kind and tolerant, and enjoy our beautiful park and wonderful summer **weather**.

HOA Board Members

President: Michael Mandig - Vice-President: Christy Hartig - Treasurer: Sara Thames -

Secretary: Jerry Sarnataro - Directors: Penny Russell, Ranny Thompson & Sarah Smith

General Membership meetings are held quarterly; Board of Directors meetings are held monthly.



FROM YOUR EMERGENCY TEAM



PLEASE CONSIDER JOINING OUR COMMUNITY-MINDED EMERGENCY TEAM

The Emergency Team is made up of the Park Captain, Park Co-Captain, Six Area Leaders and Twenty-three Block Captains with Assistants. We have a few areas that need Block Captains. Is it for you?

WHAT DOES THE EMERGENCY COMMITTEE PROVIDE?

- The Team receives a binder with information and forms to help you accomplish our team goals.
- Training in what to do in an event of an emergency and / or evacuation.
- A backpack which includes a reflective vest, whistle, notepad, pen, headlamp, and walkie-talkie.
- Training in the use of the walkie-talkie.
- Opportunities to learn new skills.

WHAT DOES A BLOCK CAPTAIN DO?

- Works under the direction of the assigned Area Leader.
- Keeps an updated roster of 10-12 residences within their assigned area.
- Is aware of residents moving out of the park within their area and picks up their RED Emergency Binder before they move.
- Contacts the new residents moving in and gives them a current RED Emergency Binder (supplied by the Team Captain) as well as an Emergency form to fill out and return to them.
- Identify those residents in need of help in the event of an evacuation and “buddy” them up with a willing neighbor to help them evacuate, if needed.

WHAT AM I EXPECTED TO DO DURING AN EVACUATION / EMERGENCY?

- In the event of an evacuation, grab your backpack with all of your emergency supplies and binder and put on your vest.
- Make contact with the residents in your assigned area, one residence at a time and let them know what is happening.
- If time permits and it is safe for you to do so, do a second pass through your area for those that didn't respond the first time.
- Communicate to your Area Leader the status of the SPACES in your area.

Becoming a Block Captain is a great way to meet your neighbors and make a difference in the event of a MAJOR Park Emergency.

Being prepared and willing to act is a winning combination!

For more information, call Penny at 818-399-2661, or email at:

pr-lv@marketec.com or drop by Space #191

Library Corner

If you have books you wish to donate to our Laguna Vista Library, PLEASE DROP THEM OFF AT SPACE #191. If your books are older than 2000, please donate them directly to the Public Library or your favorite charity. When returning books, PLEASE put them back in the right alphabetized section so your fellow readers can find them. *Enjoy the reads!*

Strangers in Time by David Baldacci - During WWII in London, Charlie, 14, has no family and steals what he needs. Molly, 15, comes home after being evacuated from London to find her parents aren't there. Charlie and Molly learn to trust one another and a book shop owner.

The Jackal's Mistress – by Chris Bohjalian - During the Civil War, Libby's husband has been gone so long she fears he is in a Union prison camp. She finds a wounded Union officer in an abandoned house next door. Should she help him? Use him to find info about her husband?

The Ageless Brain by Dale Bredensen - This non-fiction book discusses the latest science on neurodegeneration, including a preventative program to optimize brain health. This book is for anyone who wants to improve their cognitive health.

Nobody's Fool by Harlan Coban - Sami, a recent college grad and Anna hook up in Spain one summer. Sami wakes up one morning covered in blood and holding a bloody knife. He runs. 22 years later Anna shows up in his classroom in NYC. What really happened?

Isola by Allegra Goodman - This is the story of a 16th century young woman fighting for survival. Once a child of privilege, Isola's guardian spends her fortune. She is then abandoned on a small island as a punishment for betrayal.

The Maid's Secret by Nita Prose - Molly is now head maid at the Regency Hotel. She is heading toward marriage with Juan Manuel. Wanting her Gran's trinkets appraised, she finds out one is worth millions. It then vanishes on auction day.

Tell Me Everything by Elizabeth Strout - Olive Kitteridge is back. She meets famed writer, Lucy Barton. They spend their time together telling stories. "Brimming with empathy and pathos...it illuminates how our relationships keep us afloat." (Amazon)

Got favorite authors or books? Your neighbors would love recommendations! Please let us know by emailing us at:

Penny (pr-lv@marketec.com), Suzi (sr-lv@marketec.com), or drop us a note at #191.

Don't forget that the Oceanside Public Library will deliver books right to your door if you are a library member. Call 760-435-5600 for more information.



Cooking with Chef John



Caprese Pasta Salad

Ingredients

- 1 package (16 ounces) penne pasta
- 3 large heirloom tomatoes (about 2 pounds), seeded and chopped
- 3/4 pound fresh mozzarella cheese, cut into 1/2-inch pieces
- 1/2 cup loosely packed basil leaves, chopped
- 1/3 cup olive oil
- 1/4 cup lemon juice
- 1 shallot, finely chopped
- 1 garlic clove, minced
- 1 teaspoon sugar
- 3/4 teaspoon salt
- 1/2 teaspoon grated lemon zest
- 1/4 teaspoon pepper

Directions

1. Cook pasta according to package directions. Drain and rinse in cold water. Transfer to a large bowl. Gently stir in the tomatoes, cheese and basil.
2. In a small bowl, whisk the remaining ingredients. Drizzle over salad and toss to coat. Refrigerate until serving.

Happy Birthday Wishes August

Noah Hopson	8/5	August Famous Birthdays	Dennis Boyce	8/13
Michael Amirault	8/5	<i>Jason Momoa</i> 8/1	Cynthia Smith	8/14
William Malone	8/5	<i>Anna Kendrick</i> 8/9	Diane Rayfield	8/18
Deborah Peterson	8/6	<i>Alfred Hitchcock</i> 8/13	Dionisio Gotuzzo	8/20
Evelyn Colon	8/8	<i>Robert De Niro</i> 8/17	Barbara Calderone	8/23
Carol Donlan	8/9	<i>Andrew Garfield</i> 8/20	Barbara Curtis	8/22
Richard Maziek	8/9	<i>Kristen Wiig</i> 8/22	Christine Ward	8/24
Betty Ballard	8/10	<i>Melissa McCarthy</i> 8/26	Jan Bradley	8/28
Sherry Houston-Cardenas	8/10	<i>Mother Teresa</i> 8/26	Dana Malone	8/28
James Romano	8/11	<i>Warren Buffet</i> 8/30	Debra Whidden	8/31

PICKLES: By Brian Crane

