

The Echo

July 2026

*276 N El Camino Real
Oceanside California 92058*

Office: 760-439-2911

Office hours: Monday - Friday, 8:00am to 4:00pm

(closed 12-1pm)



Photo courtesy of John Pohlman

Manager: Harold Crafton

harold@mhcminc.com

Office Manager: Judy Rodriguez

judy@mhcminc.com

Office: (760)439-2911

After Hours: (760)439-2911

A cartoon watermelon character with a smiling face, wearing red shoes, and holding a green starburst. To its right is a large QR code. Below the QR code, the text reads: "SCAN QR CODE WITH CELL PHONE CAMERA THEN CLICK LINK". At the bottom, a speech bubble contains the text: "TO VIEW THIS MONTHS ECHO IN COLOR ON OUR WEBSITE".

**SCAN QR CODE WITH CELL PHONE
CAMERA THEN CLICK LINK**

TO VIEW THIS MONTHS ECHO
IN COLOR ON OUR WEBSITE



THANK YOU VOLUNTEERS!

RECREATION COMMITTEE

Mary-Lou Camara
Carol Feig
Vikki Schaffner
Sara Thames
Ranny Thompson

WELCOME COMMITTEE

Beverly Behymer
Christy Hartig

EMERGENCY COMMITTEE

Penny Russell
Suzi Russell

TABLE HELPERS

Al Ablong
Richard Messer
Jim O'Dea
Chuck Smith

MEDICAL EQUIPMENT FOR LOAN

John Smith

NEIGHBORS HELPING NEIGHBORS

Christy Hartig

LAGUNA VISTA ECHO

Editor: Monika Bull and Sarah Smith
Website Admin: Monika Bull
Circulation Manager: John Smith
Distribution Helpers: Bob Jackson, Ed Martinez,
Carla Martinez, Maria Free

LIBRARIANS

Robert Gaffney
Penny Russell
Suzi Russell

MARQUEE

Maria Free

WE COULDN'T DO IT WITHOUT YOU ALL!

IF YOU ARE INTERESTED IN VOLUNTEERING, ASK SOMEONE LISTED

Laguna Vista Activities

CLUBHOUSE: Hours: 8am to 10pm

SPORTS

- **SWIMMING:** The heated pool and hot tub are found behind the clubhouse.
Open daily 7:30am - 9pm *(No children in the spa at any time. An adult must always accompany children in the pool. All guests using the pool must always be accompanied by a Resident. No pets allowed in the pool area.)*
Children's hours: Mar 16th - Nov 14th 3pm - 7pm, Nov 15th-Mar 15th 2pm - 6pm
- **WATER AEROBICS:** Led by Karen Hasemann, Tues. through Fri. 10am -11am
- **TENNIS/PICKLEBALL:** Courts are open every day from 8:00am - 10:00pm
- **HORSESHOES:** equipment by pits
- **SHUFFLEBOARD:** Wednesday's @ 5pm – Lenny
- **BILLIARDS:** Thursday's 6pm
- **PING PONG:** Equipment is stored
- **CHAIR EXERCISES:** Led by Al Ablong (Monday's 9:30am)

GAMES (All games are played in the Clubhouse)

- **CARD GAMES:** Poker-type games. Contact Mavis Aloï
- **CANASTA:** Contact Monika Bull
- **SHANGHAI:** Contact Lillian Valdez (Friday's at 1pm)
- **HORSERACES:** Contact John Smith (1st and 3rd Thursday at 1pm)

TABLE GAMES: Contact Sharon Hardin – 720-499-4629

- **CANASTA – HAND and FOOT:** 1st and 3rd Monday's at 1pm – Seats at table are open.
- **Mexican Train:** 1st and 3rd Sundays at 1pm
- **Rummikub:** 1st and 3rd Tuesdays at 1pm
- **VARIETY:** 1st and 3rd Thursdays at 1pm
- **Mahjong:** 2nd and 4th Tuesday at 9.30am and 2nd and 4th Thursday at 1pm

MISCELLANEOUS

- **LINE DANCING:** Contact Merri McAvoy
- **CLAY CLUB:** Wednesdays 10 am - 12 pm in the laundry building,
contact Barbara Romero 760-505-7797
- **BOOK CLUB:** 3rd Tuesday at 1.30pm contact Margaret Jacoby

THIS AND THAT

LAGUNA VISTA BOOK CLUB



The Laguna Vista Book Club meets on the 3rd Tuesday of each month in the Library at 1:30 p.m. The next books for discussion are:

July 21 – *The Tea Girl of Hummingbird Lane* by Lisa See

August 18 – *The Women of Arlington Hall* by Jane Healey

We hope you will join us.

Margaret Jacoby – Coordinator, LV #139

Lets grab a bite

Black Bear Diner in Vista is now open!
605 West Vista Way

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	2 9am Pickleball 10 Water Aerobics 1pm Horse Races 1pm Variety/Canasta 6pm Billiards	3 10 Water Aerobics 1pm Shanghai	4 9am Pickleball 4th of July Party
5	6 9:30 Chair Exercise 1pm Canasta 3:30 Line Dancing	7 10am Water Aerobics 1pm Rummikub	8 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	9 9am Pickleball 10am Water Aerobics 1pm Canasta/Mahjong 6pm Billiards	10 10am Water Aerobics 1pm Shanghai	11 9am Pickleball
12	13 9:30 Chair Exercise 1pm Canasta	14 10am Water Aerobics 9:30 Mahjong	15 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	16 9am Pickleball 10am Water Aerobics 1pm Horse Races 1pm Variety/Canasta 6pm Billiards	17 10am Water Aerobics 1pm Shanghai	18 9am Pickleball 11am HOA General Meeting
19	20 9:30 Chair Exercise 1pm Canasta	21 10am Water Aerobics 1pm Rummikub 1:30 Book Club	22 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	23 9am Pickleball 10am Water Aerobics 1pm Mahjong/Canasta 6pm Billiards	24 10am Water Aerobics 1pm Shanghai	25 9am Pickleball 9am Vendor Faire
26	27 9:30 Chair Exercise 1pm Canasta 3:30 Line Dancing	28 10am Water Aerobics 9:30 Mahjong	29 9am Prayer Group 10 Water Aerobics 10 Clay Club 5pm Shuffleboard	30 9am Pickleball 10am Water Aerobics 1pm Canasta 6pm Billiards	31 10am Water Aerobics 1pm Shanghai 6pm Paint and Sip	



4TH **OF JULY**



10.00 - 10.30 Golf Cart Parade
10.45 - 11.45 Pie Throw
12.00 - 1.00 Lunch
1.00 - 2.00 Duck Races
2.00 - 2.30 Water Balloon Toss
2.30 - 4.00 Horse Races

FRIED CHICKEN,
POTATO SALAD, COLESLAW,
CHIPS, FRUIT AND DESSERT
SODAS, WATER, BEER AND WINE



\$15.00 HOA members, \$20.00 non HOA

Ticket sales 6.18,19,20,24 10 to noon

6.25,26 4pm-6pm

last day 6.27 10 to noon.



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CALLING ALL VOLUNTEERS

PLEASE CONTACT CHRISTY HARTIG IF YOU WOULD LIKE TO
HELP OUT AT OUR BIG 4TH OF JULY Celebration

TEXT OR LEAVE MESSAGE AT 951-206-8831

HELPERS TO SET UP OUR LUNCH

HELPERS TO SERVE OUR LUNCH

HELPERS TO CLEAN UP

HELPERS TO PLAY GAMES

Training for some of the tasks and a volunteer meeting will be
scheduled

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Friday, July 31st. 6:00 pm

at the clubhouse

check Nextdoor for upcoming project

Tickets – \$20.00 Non HOA \$25.00

All paint supplies provided. BYOB

Contact Sara Thames to reserve a spot

760-613-6470



**Senior Vendor Faire Saturday,
July 25 from 9am to 1pm in Clubhouse.
Stop by for a donut and cup of coffee and
check out all the great vendors. Free!!**

- Home repairs,
- Senior services,
- Senior health insurance,
- Home care,
- and many others.



Join us for Breakfast in the Clubhouse



August 1st 9.00 to 10.30 am

Biscuits with Sausage Gravy

Scrambled Eggs and Fruit

Coffee, Bloody Mary's and Mimosas

HOA members: \$ 8.00 Non HOA: \$12.00

Ticket sales: July 20, 21, 24,25 from 10am-noon

July 22 and 23 from 4pm-6pm



HORSE RACES

ALL WELCOME TO PLAY

THE TABLE RACE-TRACK GAME IS FAST, FUN, EASY TO PLAY

COME CHECK IT OUT ON THE 1ST AND 3RD THURSDAY OF THE MONTH

FROM 1PM TO 3PM IN THE CLUBHOUSE

JOCKEYS WON'T WAIT, DON'T BE LATE, \$5 BUY-IN!!!



Laguna Vista Clay Club welcomes you to join.

**Meet us inside our laundry building weekly on Wednesdays, 10 to noon
Clay available & tools provided.
Fun instructions included.**

Contact: Barbara R. 760-505-7797



LAGUNA VISTA HOA 2026

July is the perfect time to celebrate summer while taking stock of your yearly goals. Whether you are catching up on reading by the pool or enjoying a vacation, this month offers a fantastic window to recharge, check in on your milestones, and gear up for a strong second half of 2026. We have lots of great events happening this summer, including our annual Laguna Vista July 4th celebration. See the details in this Echo. Be sure to buy your tickets no later than Saturday June 27! Please remember that NO fireworks are allowed in our Park. If you want to see an incredible fireworks display, the City of Oceanside will host a fireworks display at the SoCal Sports Complex at El Corazon at 9pm on July 3. Call 760-435-4500 for details. And remember to protect your vulnerable pets from all the fireworks noise.

We are pleased to announce our newest LVHOA Board member – MaryLou Camara in space 128. Please be sure to welcome her next time you see her. She is always out walking in the park or volunteering at one of our events. Penny Russell, a Laguna Vista resident and member of the HOA Board, has an article in this month's Echo titled BUYERS BEWARE regarding handy workers and contractors. Be sure to read it before you select someone to perform work on your home.

By the way, our Taco Thursday was a roaring success! Hopefully you were able to attend. It was FREE to our LV HOA members. As of July 1 we have 135 HOA members. If you are not a member, sign up and pay the annual \$25 fee using the form below.

Sincerely,

LVHOA Board of Directors: Michael Mandig, President; Christy Hartig, Vice President; Sara Thames, Treasurer; Sarah Smith, Secretary; Ranny Thompson and Penny Russell, Directors at Large

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Laguna Vista HOA

lagunavistalife.net

❖ Applicant's name must be on the title of the Mobile Home or listed as the Trustee if the Mobile Home is in a Trust.

Membership Application \$25 per year fee

Owner/Title Holder-Resident Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Phone _____
Space #

Application with payment can be placed in the HOA box in the clubhouse entry, or submitted to Sara Thames, space 88.

Make payment to Laguna Vista HOA

A signed copy will be returned to applicant.

For any questions, please contact Sara Thames (HOA Treasurer) at 760/613-6470 or sara.rooster@yahoo.com.

RECEIVED AND APPROVED BY LVHOA

DATE



FROM YOUR EMERGENCY TEAM



LET'S BE PREPARED!!! Please sign up for WATCHDUTY.org to get the real-time alerts of fires near us. Laguna Vista is in ZONE SDC-0428, bordering ZONE SDC-4029. Keep these Zone numbers handy. If there was an evacuation, these numbers will be referred to. Make sure your "TO-GO" bag is ready to go with you in the event of an evacuation. Practice good safety techniques and read your RED EMERGENCY BINDER before an emergency happens!

LET'S TALK ABOUT CALIFORNIA WILDFIRES...

Wildfire Trends - Examining the history of California wildfires, a key trend that emerges is the lengthening of the season. With fires happening throughout the winter months, a year-round fire season is swiftly becoming the norm. An increase in the frequency of wildfires in California makes them harder to fight due to their increased size and intensity. The California fire season gets longer every year due to the climate crisis.

When is the California Fire Season - The Southern California peak **fire season begins in late spring (May-June) and runs until October**. While there may be fewer fires in September and October, the fires that do occur are far more destructive and burn through many more acres. This explosive effect is due to a combination of dry vegetation from hot summer weather, and intense dry winds that blow through the state during fall.

How Long is California's Fire Season - The length of the fire season in any given year depends on summer temperatures, rainfall, and wind, with the most fires historically occurring between May and October.

When Does the California Fire Season End - The fire season in California tends to end once the state receives heavy rainfall.

Risk Factors for California Wildfire :

Drought - Drought elevates fire risk significantly. Drought leaves trees, grasses, shrubs, and soil with very little moisture, making the landscape extremely flammable.

Wind - When winds are paired with hot, dry weather, they pose a major fire hazard. For example, the Santa Ana winds in Southern California are strong, dry, downslope winds that blow from the mountains towards the coast and can cause wildfires to ignite and spread rapidly. Consequently, these winds reach up to 40 miles per hour and in some cases can reach up to hurricane strength, exponentially increasing in the speed of fire spread and triggering extreme destruction in short amounts of time.

Human Activity - As much as 90% of wildfires are started by humans. Common reasons for wildfire ignition include unattended campfires, fallen power lines, discarded cigarettes, vehicle crashes or the use of equipment that creates sparks, like metal grinders.

STAY SAFE OUT THERE!

LIBRARY CORNER FOR JULY 26

If you have books you wish to donate to our Laguna Vista Library, **PLEASE DROP THEM OFF AT SPACE #191.** If your books are older than 2000, please donate them directly to the Public Library or your favorite charity. When returning books, PLEASE put them back in the right alphabetized section so your fellow readers can find them. *Enjoy the reads!*

The First Time I Saw Him by Laura Dave - This is a Sequel to her book: The Last Thing He Told Me. Five years later, Owen reappears, forcing Hannah and Bailey to flee his enemies in a moving story about forgiveness.

Jigsaw - by Jonathan Kellerman - Alex Delaware and Milo Sturgis investigate two murders that reveal shocking connections, leading to a complex and deadly puzzle.

Theo of Golden by Allen Levi - In a small Southern town, Theo buys pencil portraits from a café and returns them to their subjects - a story about seeing and being seen.

The Astral Library by Kate Quinn - Alix, seeking escape in the Boston Public Library, discovers a hidden door into classic books—and a mysterious threat that could destroy everything.

Atmosphere by Taylor Jenkins Reid - Joan, a physics professor, is selected for NASA's astronaut program, forming deep bonds and finding love ... until everything changes in 1984.

The Devil's Daughter by Danielle Steel - Two very different sisters face tension and temptation as ambition and personality strain their bond to the breaking point.

Got favorite authors or books? Your neighbors would love recommendations! Please let us know by emailing us at: Penny (pr-lv@marketec.com), Suzi (sr-lv@marketec.com), or drop us a note at #191. Don't forget that the Oceanside Public Library will deliver books right to your door if you are a library member. Call 760-435-5600 for more information.

ON ANOTHER NOTE.....

We have a BOOKCLUB!!! We meet the 3rd Tuesday of the month from 1:30PM-2:30 PM in our Clubhouse Library. Our book for June is "The Seed Keeper" by Diane Wilson, about a family's struggle to preserve their way of life, and their sacrifices to protect what matters most.

If interested in joining, contact Margaret at margaret@mjms.net.



Cooking with Chef John

TACO SPAGHETTI CASSEROLE



2 pounds ground beef
2 packages taco seasoning
2 cans Rotel tomatoes and chilies (10 oz each)
1 can tomato paste (6 oz)
1 pound spaghetti
6 cups water
2 cups Mexican blend shredded cheese
sour cream, optional
cilantro, optional

INSTRUCTIONS

Brown the ground beef in a Dutch oven. Drain the fat and return to the pan.

Stir in the taco seasoning.

Add the Rotel, tomato paste, and spaghetti.

Cover with water.

Bring to a boil and then reduce the heat to a simmer. Cover and cook until the pasta is cooked and the water is absorbed, approximately 15 minutes.

Preheat the oven to 350 degrees F. Pour the spaghetti into a sprayed 13x9 casserole dish.

Top with the shredded cheese and bake until the cheese is melted and bubbly.

You can also cook this completely on the stove top, just add the cheese after step 5 and cover and simmer until the cheese is melted. I prefer the cheese to be melted in the oven until golden and bubbly. Serve with sour cream and cilantro, if you like.

Winners of our Cookie Contest

- 1. John Smith*
- 2. Hyeeyong Messer*
- 3. Diane Rayfield*



Samuel Hieronymous	Jul 1	Famous Birthdays This Month		Nancy Hunt	Jul 19
Janet Reese	Jul 2	Princess Diana	Jul 1	Robert Zeppieri	Jul 19
Eleanor Bowen	Jul 6	Frida Kahlo	Jul 6	Karen Alexander	Jul 22
Rodney Pates	Jul 6	Ringo Starr	Jul 7	Earl Shuman	Jul 25
Elizabeth Anderson	Jul 7	Tom Hanks	Jul 9	Toni Anderson	Jul 25
Susan Ballard	Jul 11	John Quincy Adams	Jul 11	Ann Smith	Jul 28
Kim Deal	Jul 12	Julius Caesar	Jul 12	Gayle Connell	Jul 30
Barbie Orlando	Jul 13	Nelson Mandela	Jul 18	Wilfred Fortin	Jul 30
Lorraine Kwaitek	Jul 13	Lionel Messi	Jul 24	Patricia Flores	Jul 31
Richard Fox	Jul 15	George B. Shaw	Jul 26	Vikki Schaffner	Jul 31
David Peterson	Jul 23	Beatrix Potter	Jul 28	Robert Jackson	Jul 31

July – The Heart Guardian

Being an old soul, you spent your last lifetime protecting divine, ancient knowledge from your roots and your lineage. In your DNA, you carried the codes of creation, of [healing](#), and magic. While very sacred, this need for self-protection eventually led to many years of emotional loneliness. In this lifetime, you evolve when you come out to show your magic to the world. You no longer need to protect it—instead, you get to share it with the world, serving as a heart-centered leader.